St Peter's Catholic Primary School

Intention, Implementation and Impact document

RSE

'Treat other people as you would like to be treated'

We believe that children should be inquisitive, imaginative and resilient learners who are aspirational and flourish in the world that God has given us. Our Curriculum enables children to learn and to be able to articulate their learning, preparing them for their experience of learning at secondary school and creating a desire for lifelong learning.

Intent	At St. Peter's Catholic Primary school, our RSE programme is rooted in the Catholic Church's moral teachings and is in line with guidance from our Bishop and Diocese. Please refer to our school's RSE policy for more information on this. We believe that teaching high quality RSE is essential to creating an inclusive ethos within our school. We aim to encourage pupils to develop their understanding of themselves, as well as those around them so that they can respect the similarities and differences between pupils. We aspire to give children the knowledge and skills that they need to develop and sustain healthy relationships and behaviours throughout their lives. As a school, we want to ensure that our pupils are prepared for life beyond St. Peter's by helping them to understand changes that will occur to them throughout their lives and the opportunities, risks and responsibilities that they will encounter as they grow up. Through this teaching, we hope that we will prepare our pupils to become active citizens who can lead healthy, safe and fulfilling lives.

Implementation	RSE is delivered within our school using a combination of the *Ten: Ten Life to The Full* and *Journey in Love* programmes as recommended by our Diocese. In addition, RSE is also integrated and embedded into many other aspects of school life and the curriculum, such as science, PE and RE due to its cross curricular nature. During our RSE lessons, we ensure appropriate differentiation and inclusion to allow all children to access the learning in a manner that is appropriate to them, and sensitive to the individual needs of each child. Through the *Journey In Love* programme, we cover the statutory requirements for Relationships and Sex education taught in Years 5 and 6, in a way that reflects the Catholic nature of our school. The focus is as follows:

Year 5: God loves us in our changing and developing	Year 6: The wonder of God's love in creating new life
In Year 5, children will cover: • Developing knowledge and understanding of the emotional changes that accompany puberty. • A more complex understanding of physical changes that occur in girls and boys during puberty, including menstruation	In Year 6, children will cover: Developing a secure understanding of what stable, caring relationships are and the different kinds there may be A more scientific understanding of life in the womb Understand, through Catholic teaching, the conception of a child

The *Ten: Ten Life to the Full* programme covers the statutory RSE curriculum objectives and it is delivered across the school. The program is rooted in Catholic teachings. At the beginning of each module, there is a series of sessions linked to a Gospel story, which provide the religious foundations for the teaching. In each year group, the programme is delivered over three modules that each span one term:

Created and Loved by God	Created to Love Others	Created to Live in Community
This module focuses on and explores the individual. It teaches children that they are made in the image and likeness of God. Through this, the children develop an understanding of the importance of valuing and understanding one's self. In Key Stage One children will cover: • We are uniquely made by a loving God • We all have similarities and differences • How we stay physically healthy • Understanding feelings, including strong feelings such as anger • The cycle of life from birth to old age In Lower Key Stage Two children will cover:	This module teaches children about relationships with others. It explores love as the basis of relationships, as God made us to be loved and to love others. In Key Stage One children will cover: • Personal Relationships o Special people in their lives who they love and can trust o Coping with various social situations and dilemmas o The importance of saying sorry and forgiveness in relationships • Keeping Safe o The risks of being online o Differences between good and bad secrets o Teaching on physical boundaries In Lower Key Stage Two children will cover:	This module looks at an individual's relationship with the wider world. Children explore how we live in wider communities and how our actions and relationships with others can work for the good of individuals and societies. In Key Stage One children will cover: • That God is love and is the Father, Son and Holy Spirit • That being made in His image means being called to love others • Learning about the various communities they belong to • That God calls us to live in community with one another In Lower Key Stage Two children will cover:

	• Understanding differences
	• Respect for our bodies
	• Strategies to support emotional wellbeing, including thankfulness
	
	In Upper Key Stage Two children will cover:
	• Appreciating physical and emotional differences
	• The impact of the internet and social media on emotional well being
	• Body image
		• Personal Relationships
		  ○ A more complex appreciation of different family structures
		  ○ Activities and strategies to help them develop healthy relationships with family and friends
		  ○ Techniques for managing thoughts, feelings and actions
		• Keeping Safe
		  ○ Online safety
		  ○ Teaching on bullying and abuse through a series of animated stories
		
		In Upper Key Stage Two children will cover:
		• Personal Relationships
		  ○ Preparing for more complex experiences of relationships and conflict
		  ○ Identifying and understanding peer pressure and how to respond to pressure
		  ○ Further teaching on how thoughts and feelings impact our own actions
		• Keeping Safe
		  ○ Risks of sharing and chatting online
		  ○ A more complex understanding of different forms of abuse
			• Developing a deeper understanding that God is love as shown by the trinity.
			• Understand how the human family reflects the Holy Trinity in mutual charity and generosity
			• The church family comprises of home, school and parish
			• Catholic Social Teaching on what it means to work for the Common Good.
			
			In Upper Key Stage Two children will cover:
			• That God is trinity – a communion of persons
			• Knowing that the church is the body of Christ
			• Developing a richer and deeper understanding of Catholic Social Teaching
			• Learn how certain charities reach out to the wider community with love.

Impact	At the end of each year, pupils will have developed their skills to enable them to better understand themselves, their relationships with others and their impact the world around them. Throughout their time at St Peter's, our children will become happy, healthy, safe and independent individuals. They will

	have developed more confidence in talking, listening and thinking about their own feelings and relationships. They will be more aware of how to manage risk and keep themselves safe in a variety of situations, as be able to lead healthier lifestyles.		
	Pupils Voice	Evidence of Knowledge and Skills	Evidence of Pupil Behaviour
	Pupils will be able to articulate their understanding of key issues discussed within their lessons. They will be able to talk about how their learning in RSE lessons impacts the way they treat themselves, their friends and family, and their wider communities.	At the beginning of each unit, pupils undertake a baseline assessment task. At the end of the unit, children complete the same assessment task again with a different colour. This will allow pupils to demonstrate the knowledge and skills they have developed within each unit and allow teachers to assess the progress of the children.	Pupil's attitude, behaviour and demeanour around school, within lessons, at playtimes' and out in the community demonstrates the care, respect, tolerance, awareness and high aspirations instilled through the curriculum.